



19th East-European Conference  
for Anthroposophic Fields of Work

# Course of Human's Life

July 22-27, 2012  
Tartu Maarja Kool  
Puiestee 126  
Tartu Estonia

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## Course of Human's Life

With every step in life the world moulds us and we mould the world. This just happens. When we describe our biography, then we become conscious of it with all its singularities and it takes hold of us. The image that we create of it begins to determine us. How do we deal with it? How do we apply the art of life?

In listening, in discussions, in artistic activities, in evening deepening – the way these activities weave through each other and complement each other – we want to get close to this theme.

*Conference motto:*

*"We must be able to confront an idea while experiencing it;  
otherwise, we fall into its bondage."*

*R. Steiner  
A Philosophy of Freedom  
the last sentence*

*To spend oneself in matter  
is to grind down souls.*

*To find oneself in the spirit  
is to unite human beings.*

*To see oneself in all humanity  
is to construct worlds.*

*R. Steiner  
GA 308-309  
ending*

*"Iga mees on oma saatuse sepp ja oma õnne valaja"*

*P. E. Rummo  
From the film "Viimne reliikvia"*

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The conference will take place in Tartu Maarja Kool, a school of curative education in Estonia. In the mornings there is free movement for people who get up early and in the evenings there is a beautiful conclusion. It is possible to spend nights and have meals in the school, please take your sleeping bag and if possible, also a mattress with you. There are places available for tents.

### **Costs:**

Participation fee: 30 €

Accommodation: 5 x 2 €

Meals: Breakfast 5 x 2 € / Lunch 5 x 3 € / Supper 4 x 3 €

### **Organizers:**

Tartu Maarja Kool, Eesti Antroposoofiline Selts, Tartu Waldorfpedagoogika Seminar  
Jaanus Rooba, Mati Valgepea, Cornelis Lakeman

### **Information and registration:**

**e-mail:** antroselts@gmail.com

**tel:** +37256643697 *Jaanus Rooba*

## Lecture topics:

*Peter Petersen*

Our experience of prenatal human (prenatal psychology)

I Advent of the child: Conception and procreation – Experience before and during the conception

II Experience of intervention to prenatal human by means of modern medicine (contraception, abort, artificial fertilization) and artistic therapies as the means for balancing it

*Johannes Wolter*

I Prenatal period, the covers and the development of the infant

II Enthusiasm as therapeutic impulse – biographical motives of the founders of anthroposophical curative education

*Andreas Ossapofsky*

I Typical diseases during the seven-year periods of life

II Friedrich II 1194-1250

*Beate Schreiber*

Children who learn differently – learning disturbances, waldorf education, brain research

*Anežka Janatova*

Biography in the light of anthroposophy

*Francisco Barcelo*

The years of wandering

### Artistic groups (in relation to the main theme)

Sculpture *Embryo – the infant*

Johannes Wolter, Külli Kasesalu

Music *making music together // Improvisation*

Katarina Seeherr // Riina Velmet

Speech formation

Külli Volmer

Drama (*in relation to the biography work*)

Anežka Janatova

Eurythmy

Forest Row eurythmists

### Discussion groups for deepening (in the evenings):

*P. Petersen* to the first two lectures

*A. Ossapofsky* Typical diseases during the seven-year periods of life

*B. Schreiber* Children who learn differently – learning disturbances, waldorf education, brain research

*A. Janatova* Biography in the light of anthroposophy

*F. Barcelo* The years of wandering

*Anne Karlson-Daniel* to the different lecture topics

*Friederike Wolter* Methods of therapeutic practice in curative education

*Ewa wasniewska* Nutrition

**Language:** For lectures German-Estonian, other languages by the need in the hall (simultaneously with Estonian interpreting, under the responsibility of the respective participants). For working groups by need and possibility, under consideration with the respective participants.

## Conference Program:

### Sunday July 22

- 16.00 Arrival and check-in  
17.30 Greeting  
18.00 **Lecture** P. Petersen I  
19.30 Break  
20.00 Guided tour in Tartu

### Monday July 23 through Friday July 27

7.30 *Breakfast*

8.00 *Before the beginning in the early morning*  
speech, Bothmer gymnastic, singing, eurythmy, ...?

9.00 *Attunement (improvised singing - motto:)*

#### 9.15 **Morning lectures:**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
P. Petersen I	J. Wolter II	A. Ossapofsky II	A. Janatova	F. Barcelo II

10.45 *Coffee break*

#### 11.15 **Discussion**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
in groups	plenary	in groups	in groups	concluding plenary

12.00 *Break*

**On Friday:  
Lunch/Departure**

12.15 **Artistic working groups**  
*sculpture, music, speech, drama, eurythmy*

13.15 *Lunch*

15.00 **Artistic working groups** *continued*  
**on Thursday: sharing of working groups**

16.30 *Break*

#### 17.00 **Evening lectures**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>
J. Wolter I	A. Ossapofsky I	B. Schreiber	F. Barcelo I

18.30 *Supper*

19.30 **Working groups for deepening the theme**

#### 20.30 **Conclusion of the day**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>
Music	Eurythmy	Dance	Estonian literature

**Registration:** *Please register before the end of June!*

**Name:**

**Address:**

**E-mail:**

**Costs:**

Participation fee: 30€

Accommodation:  5 x 2€

Meals:  Breakfast 5 x 2€ /  Lunch 5 x 3€ /  Supper 4 x 3€

**Total:** €

**Transfer: description Osteuropatagung 2012**

Eesti Antroposoofiline Selts

Paiste 10-2 11620 Tallinn, Estonia

221011538434 (Swedbank)

**IBAN: EE142200221011538434**

**BIC: HABAEEX.**

**Artistic group**                      **1st choice**                                      **2nd choice**

**Discussion group**                      **1st choice**                                      **2nd choice**  
(in the evening)

**Comments:**

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